



MANOLYA
RESTAURANT

COLD STARTERS

- 1. MIXED COLD MEZE (FOR TWO) £9.75**
A selection of six cold starters including: Humus, Cacik, Tarama, Yogurtlu pancar Patlican ezme and Dolma (see below for descriptions).
- 2. HUMUS £3.75**
Crushed chickpeas, Tahini, lemon juice, garlic with an olive oil dressing.
- 3. TARAMA £3.75**
Freshly prepared whipped cod roe pate.
- 4. CACIK £3.95**
Diced cucumber, mint, garlic mixed with traditional Turkish yogurt with an olive oil dressing.
- 5. YOGURTLU PANCAR £3.95**
Diced beetroot, parsley, lemon juice and garlic mixed within traditional Turkish yogurt.
- 6. ISPANAK TARATOR £3.95**
Fresh spinach, garlic and olive oil mixed into traditional Turkish yogurt.
- 7. TABULE £4.25**
Bulgur wheat, parsley, tomatoes and red onion.
- 8. DOLMA £4.50**
Vine leaves stuffed with rice, onion, pine nuts and herbs.
- 9. PRAWN COCKTAIL £4.50**
Baby prawns mixed together with lettuce and parsley topped with prawn cocktail sauce.
- 10. PATLICAN EZME £4.75**
Pureed aubergine, finely diced sweet peppers, garlic, lemon juice with olive oil and pomegranate juice.
- 11. BEYAZ PEYNIR KAVUN £4.95**
Sweet melon served with traditional Turkish feta cheese.

HOT STARTERS:

- 12. MIXED HOT STARTER (FOR TWO)** **£9.95**
A selection of five hot starters including: Hellim, Sucuk, Borek, Mittite Kofte and Kalamar (see below for descriptions).
- 13. SOUP OF THE DAY** **£3.50**
Freshly prepared soup; please ask waiter/waitress.
- 14. LAHMACUN** **£3.50**
Thin Turkish pizza topped with minced meat and onions served with red onion and parsley.
- 15. SUCUK** **£4.50**
Grilled beef garlic sausage
- 16. BOREK** **£4.50**
Deep fried filo pastry wrapped over feta cheese and parsley.
- 17. HELLIM** **£4.75**
Traditional grilled Turkish goat's cheese
- 18. MITTITE KOFTE** **£4.75**
Char-grilled minced lamb Kofte with onions, parsley and sweet red pepper
- 19. PATLICAN SALAD** **£5.25**
Pureed aubergine, garlic, sweet peppers topped with yogurt and butter sauce
- 20. ARNAVUT CIGERI** **£5.25**
Slowly cooked Lambs liver cooked with butter and prepared with herbs and spices
- 21. BABY GARLIC MUSHROOMS** **£5.25**
Baby mushrooms cooked within a creamy white wine sauce and garlic topped with melted cheese.
- 22. IMAM BAYILDI** **£5.50**
Aubergine stuffed with sweet peppers, garlic and onions with a tomato sauce
- 23. KALAMAR** **£5.95**
Delicious squid rings fried and served with tartare sauce
- 24. KARIDEZ TAVA** **£5.95**
Large king prawns cooked within a tomato sauce, herbs and a dash of white wine

MANOLYA KEBABS (MAIN COURSE)

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| 25. HOUSE DONER | £9.25 |
| <i>Lamb doner handmade on the premises served with rice</i> | |
| 26. ADANA KOFTE | £9.25 |
| <i>Spicy minced lamb mixed with onions and sweet peppers served with rice</i> | |
| 27. CHICKEN WINGS | £9.25 |
| <i>Grilled chicken wings served with rice</i> | |
| 28. LAMB OR CHICKEN BEYTI | £9.25 |
| <i>Grilled lamb/chicken minced with garlic, sweet peppers and onions served with rice</i> | |
| 29. GRILLED FILLET OF LAMB | £9.50 |
| <i>Seasoned fillet of lamb served with a mushroom and creamy white wine sauce</i> | |
| 30. CHICKEN SHISH | £9.50 |
| <i>Marinated cubes of chicken breast served with rice</i> | |
| 31. LAMB SHISH | £9.95 |
| <i>Marinated cubes of lamb served with rice</i> | |
| 32. CHICKEN ALATURKA | £9.95 |
| <i>Grilled chicken breast fillet diced and left to simmer within a creamy mushroom sauce served with rice</i> | |
| 33. BILDIRCIN KEBAB | £9.95 |
| <i>Char-grilled quail birds served with rice</i> | |
| 34. CHICKEN AND LAMB MIX | £10.25 |
| <i>One skewer of chicken and one skewer of lamb served with rice</i> | |
| 35. PATLICAN KEBAB | £10.25 |
| <i>Sliced aubergine with minced lamb, red onions and tomatoes cooked within a tomato sauce</i> | |
| 36. LAMB CHOPS | £10.75 |
| <i>Marinated to soft tender lamb chops served with rice</i> | |
| 37. MIXED KEBAB | £13.75 |
| <i>A selection of kebabs served with rice</i> | |
| 38. MANOLYA FULL MIX | £15.25 |
| <i>A selection of kebabs with an added quail served with rice</i> | |

MANOLYA HOUSE SPECIALS

- 39. CHICKEN TAVA** **£9.75**
Cubes of chicken breast pan fried cooked together with garlic sweet peppers and a tangy tomato sauce served with rice
- 40. LAMB GUVEC** **£9.75**
Cubes of lamb, mushrooms, sweet peppers and tomato topped with fried aubergines
- 41. INCIK** **£9.75**
Oven cooked lamb shank, baby potatoes, broccoli and carrots served with rice
- 42. ET SOTE** **£10.25**
Diced fillet of lamb, mushrooms, sweet peppers, garlic cooked within a red wine and tomato sauce served with rice
- 43. ISKENDER** **£10.25**
Lamb doner presented on a bed of tomato sauce and croutons topped with yogurt and butter sauce
- 44. YOGURTLU CHICKEN** **£10.50**
Cubes of chicken breast presented on a bed of tomato sauce and croutons topped with yogurt and butter sauce
- 45. YOGURTLU ADANA** **£10.50**
Spicy minced lamb presented on a bed of tomato sauce and croutons topped with yogurt and butter sauce
- 46. YOGURTLU SHISH** **£10.95**
Cubes of lamb presented on a bed of tomato sauce and croutons topped with yogurt and butter sauce
- 47. SIRLOIN STEAK** **£10.95**
Grilled beef steak served with French fries, onions, mushrooms and gravy
- 48. SARMA BEYTI** **£11.95**
Spicy minced lamb grilled and then wrapped within a tortilla wrap, cut into small pieces and laid on a bed of tomato sauce and yogurt topped with melted butter

MANOLYA VEGETARIAN DISHES

- 49. IMAM BAYILDI** **£9.00**
Aubergine stuffed with sweet peppers, garlic and onions with a tomato sauce
- 50. VEGETARIAN KEBAB** **£10.25**
Grilled aubergines, sweet peppers, onions and mushrooms and left to simmer in a tomato sauce
- 51. VEGETARIAN MUSAKKA** **£9.95**
Layered vegetables (potatoes, courgettes, carrots and sweet peppers) topped with béchamel sauce.

MANOLYA FISH DISHES

Fish dishes vary in size according to season. We stock limited fish to ensure freshness please ask waiter/waitress for details on fish availability.

- 52. GRILLED SALMON** **£10.25**
- 53. MACKEREL** **£10.95**
- 54. SEA BREAM** **£11.50**
- 55. SEA BASS** **£12.50**

ALL FISH SERVED WITH A MIXED LETTUCE AND ROCKET SALAD

SIDE DISHES

- 56. FRIES** **£2.25**
- 57. RICE** **£2.75**
Plain rice
- 58. BULGUR RICE** **£2.95**
Crushed wheat, tomatoes, onions and sweet peppers
- 59. YOGURT** **£2.95**
Traditional Turkish yogurt
- 60. EZME SALAD** **£4.50**
Tomatoes, red onion, parsley, chilli very finely chopped
- 61. FETA CHEESE SALAD** **£4.95**
Chopped tomatoes, cucumber, red onion and parsley topped with traditional Turkish feta cheese

MANOLYA SET MENU'S

no changes can be made to the set menus

1. Vegetarian option (for one): £15.95

A mixture of cold and hot starters including humus, Cacik and pureed aubergine followed by vegetarian Musakka or imam Bayildi

2. Mixed meze and kebab (for one): £18.95

A mixture of hot and cold starters including humus, Cacik, Kalamar, Hellim and Borek followed by chicken shish, lamb shish, Adana Kofte or lamb doner.

3. Cold meze and kebab (for two): £39.95

Humus, Tarama, Cacik, Dolma and pureed aubergine to share followed by a choice of chicken shish, lamb shish, Adana Kofte or lamb doner per person.

4. Hot meze and kebab (for two): £42.95

Hellim, Sucuk, Borek, Kalamar and minced lamb Kofte to share followed by a choice of chicken shish, lamb shish, Adana Kofte or lamb doner per person.

MANOLYA PARTY MENU
3 COURSE MEAL PER PERSON

To start:

A mixture of hot and cold starters per person including:

- ❖ **Humus:** *Crushed chickpeas, Tahini, lemon juice, garlic with olive oil*
 - ❖ **Cacik:** *Cucumber, garlic & mint in a yogurt mixture*
 - ❖ **Tarama:** *Freshly prepared whipped cod roe pate.*
 - ❖ **Hellim:** *Grilled Turkish goats cheese*
 - ❖ **Sucuk:** *Grilled beef garlic sausage*
 - ❖ **Borek:** *Deep fried filo pastry wrapped over feta cheese and parsley*
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Main course:

A choice per person of the following main courses:

- ❖ **Lamb shish:** *Cubes of marinated lamb served with rice*
 - ❖ **Chicken shish:** *Cubes of marinated chicken served with rice*
 - ❖ **Adana Kofte:** *Spicy minced lamb grilled and served with rice*
 - ❖ **Vegetarian**
 - ❖ **Musakka:** *Fried layered vegetables topped with béchamel sauce*
 - ❖ **Quail:** *Grilled whole quail birds served with rice*
 - ❖ **Salmon:** *Fresh salmon served with mixed salad*
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Dessert:

A choice per person of the following desserts:

- ❖ **Baklava:** *Layered pastry and pistachio nuts with syrup*
- ❖ **Apple pie:** *Apple pie served with vanilla ice cream*
- ❖ **Ice cream:** *Available in strawberry, vanilla and chocolate*
- ❖ **Rice pudding:** *Oven baked rice pudding*

£21.99